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e n c o u n t e r ed! His "renegade style" of training the football athlete is unique to any other f o r m of training. It does not emphasize just one or two aspects of football such as weight training and conditioning; it emphasizes all facets equally, which in turn creates a gre a t player on the gridiron.

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Renegade Training with John Davies

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Renegade | Sports Performance | Dayton, Ohio

Renegade Soccer Training The program creates players who have supreme confidence on the ball, and who can see the field better than their opponents, and run for the entire 90 minutes. That want to excel, make their family and friends happy, and be the best soccer player they can be.

Home - Renegade Soccer Training

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